



ASSUMPTION OF RISK and INFORMED CONSENT

By signing this document, you understand and accept the risks associated with the Event for your child as his or her parent or legal guardian. Please read carefully!

In consideration of permission, granted now or in the future by the City of Calgary (The City) to participate in **WEIGHT ROOM/STRENGTH TRAINING ORIENTATION for 13-15yrs** (activities may include use of free weights, strength machines, cardio machines and various fitness equipment available in City of Calgary Recreation facilities)

_____ (The Event) on _____, 20 ____, I agree and acknowledge that:

1. _____ (my Child) has met all of the prerequisites required for participation in The Event.
2. My Child will abide by the rules and regulations imposed on the participants in the Event.
3. There are risks and hazards inherent in the very nature of The Event and that as a result of these risks and hazards, my Child, may suffer personal injury, even death, as well as property loss. I nevertheless freely and voluntarily assume the aforementioned risks and hazards and accordingly my Child's participation in The Event shall be entirely at my own risk.
4. I waive any claim I may have against The City arising from my Child's participation in The Event and agree to indemnify and hold harmless The City for any claim, including any claim for medical services arising from my Child's participation in The Event.
5. The City may secure such medical advice and services as it, in its sole discretion, may deem necessary for my health and safety and I shall be financially responsible for such advice and services.

DATED at Calgary, Alberta this _____ day of _____, 20__

Name of Parent or Legal
Guardian
(Please Print)

Signature of Parent or
Legal Guardian

Date of Birth of my Child

The personal information collected in this form is obtained under the authority of Clause 33 (of the Freedom of Information and Privacy Act) and relates to and is necessary for an operating program or activity of this public body. Further, this information may be used for marketing purposes specifically related to programs and services delivered directly for The City of Calgary and will not be sold or shared with any individual or organization, except with the consent of the individual or organization as required by law.