



ACCEPTABLE MATERIALS



Yes, put these items in our food and yard waste bin.
Remove food from packaging.

All food (raw and cooked)

<p>Plate scrapings</p> 	<p>Eggshells and dairy products</p> 
<p>Meat, fish, shellfish and bones</p> 	<p>Jams, sauces, salad dressings and cooking oil</p> 
<p>Fruits and vegetables</p> 	<p>Pastries, cookies, cakes and muffins</p> 
<p>Bread, noodles, rice, beans and grains</p> 	<p>Nuts, seeds, chips, popcorn and candy</p> 

Food soiled paper

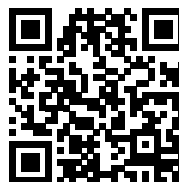
<p>Paper plates, pizza boxes and napkins</p> 
<p>Coffee filters and tea bags</p> 

Yard waste

<p>Leaves</p> 
<p>Plants and weeds</p> 

Keep these items out of the compost bin:

- No plastic bags, use approved compostable bags only
- No plastic utensils
- No stickers and labels
- No coffee cups



Find recycling, composting and safe disposal answers for hundreds of items at calgary.ca/whatgoeswhere

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